Microbiology Stool Testing at Alomere

|                               | Indications                               | Sample requirements            | Set up & Turnaround |
|-------------------------------|---|--------------------------------|---------------------|
| Stool culture                 | Acute community aquired                   | Fresh unpreserved,             | Set up daily.       |
| (Salmonella, Shigella,        | diarrhea.                                 | unformed stool                 | Minimum 48 hours    |
| Campylobacter, E coli 0157,   | Bloody diarrhea.                          | refrigerated <24 hrs           | for negative.       |
| Aeromonas and Shigatoxin)     | Bloody diarriea.                          | C&S ok, No frozen              | ioi negative.       |
| Clostridium difficle (PCR)    | Acute diarrhea with                       | Fresh unpreserved,             | Set up daily.       |
|                               | antibiotic exposure or                    | unformed stool                 | About 1 hour        |
|                               | hospitalized > 3days                      | refrigerated <5 days           | About 1 hour        |
|                               | nospitalizeu > Suays                      | C&S and frozen OK              |                     |
|                               |   | Formed stools are rejected     |                     |
| Norovirus (PCR)               | Acute diarrhea & vomiting                 | Fresh unpreserved,             | Set up daily        |
|                               | Exposure                                  | unformed stool                 | About 1 1/2 hours   |
|                               | Exposure                                  | refrigerated ≤2days            |                     |
|                               |   | No C&S, frozen OK              |                     |
| Rotavirus (EIA)               | Acute diarrhea & vomiting.                | Fresh unpreserved,             | Set up daily        |
|                               | Children, elderly &                       | unformed stool                 | < 1 day             |
|                               | immunocompromised.                        | refrigerated <3 days or frozen | < I day             |
|                               | initiatiocompromised.                     |                                |                     |
| Giardia/Cryptosporidium (EIA) | Diarrhea with history of travel,          | Fresh stool                    | Set up daily        |
|                               | farm contact, contaminated water          | Refrigerated < 3 days,         | <1 day              |
|                               | or food. Daycare or outbreak. HIV.        | Formalin, Cary Blair, C&S ok   |                     |
|                               |   | Frozen OK                      |                     |
| Ova & Parasite Exam           | Usually not indicated, see below.         | Fresh stool (1-3 hours old) or | Done M, W, F        |
|                               | Persistant diarrhea, negative EIA for     | preserved                      | 1-3 days            |
|                               | Giardia/Crypto.                           | 1 vial Ecofix, Totalfix or     |                     |
|                               | Resident or travel to developing country. | 1 each Formalin/PVA vials      |                     |
|                               | Contaminated water. HIV.                  | Additional samples days        |                     |
|                               | Possible parasites seen in stool.         | apart increase detection.      |                     |
|                               | Contact with farm animals                 |                                |                     |
| Fecal Leukocytes              | Bacterial diarrhea & bowel                | Fresh stool                    | Set up daily        |
|                               | inflamation.                              |                                | <1 day              |
| H pylori                      | Gastric symptoms                          | Fresh stool                    | Set up daily        |
|                               |   | Cary Blair, C&S and Frozen ok  | <1 day              |